**BLUEBERRY OATMEAL MUFFINS**

Oven Temp 375F

Baking time 30 minutes

12 large muffins

1 cup buttermilk

1 cup milk

2 cups oats

1 cup oil

2 eggs

3 cups flour

1 cup sugar

2 tablespoons baking powder

1 teaspoon baking soda

1 teaspoon cinnamon

½ teaspoon nutmeg

1 ½-2 cups blueberries

Additional oatmeal flakes

* Soak oats in buttermilk for 10 minutes
* In a bowl mix dry ingredients
* Add eggs and oil to wet oats mixture
* Add dry ingredients to wet ingredients
* Fold in blueberries
* Stack mixture and sprinkle additional oatmeal flakes onto muffins
* Bake for 30 minutes or until muffin top springs back

TIPS: Oatmeal must soak. Once the oatmeal has soaked the muffin mixture will be the right consistency to stack into muffin tin.